

FIG. 1

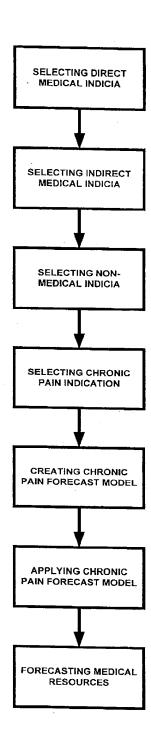


FIG. 2

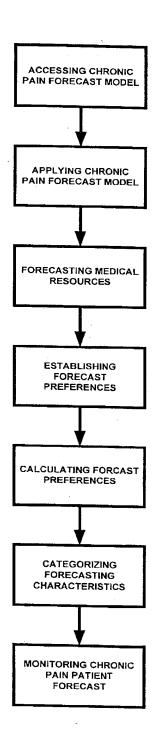


FIG. 3

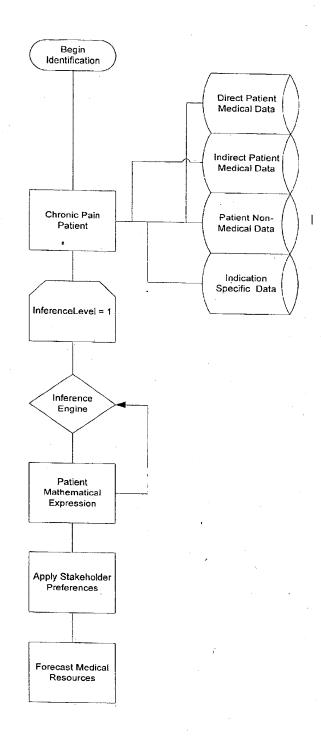


FIG. 4

	Direct Medical Indicia	Remarks
		The Direct Medical Indicia example used in this document relates to the lumbar
	1. ICD-9-CM "Specific" Lumbar Spine Diagnoses	spine pain indication. For this example there is a specific ICD-9-CM diagnostic
	Code.	code relating to the underlying injury. The presence of this (and similar codes for other pain indications) is a significant indicator for the presence of pain.
2	ICD-9-CM "Non-specific" Generalized Pain	It is common for pain to be characterized in a "non-specific" manner by providers
	Syndrome Diagnoses Codes.	who are not pain treatment specialists. However, this code indicates the presence
		of pain, and is an important indicator.
ω.	3. ICD-9-CM Diagnosis Code Identifying a Co-	Chronic pain patients typically have an assortment of health problems. Patterns
	morbidity Commonly Associated with Lumbar	or clusters of these other health issues can be identified in the data, and more will
	Spine Injury.	be learned from the inductive learning capabilities of the chronic condition
	-	management system.
4	ICD-9-CM "Other" Medical Condition	There are numerous known medical conditions for which pain is an associated
	Diagnostic Code Clearly Attributing the	symptom. Often, these conditions are reflected in the medical data, while the
	Condition to a Diagnosis Commonly Associated	pain condition is not specifically coded. Identifying the presence of these codes
		is a significant indicator for the presence of a pain condition.
12.	5. ICD-9-CM Procedure Codes Indicating the	There is a commonly accepted list of known ICD-9-CM procedure codes
	Condition is Related to a Known Acute Pain	associated with the treatment of acute pain. The presence of one or more of these
	Condition (e.g. post-operative surgical pain).	codes is a significant indicator for the presence of acute pain.
မှ	1 -	There is a commonly accepted list of known physician services (CPT) codes
	to a Known Acute Pain Condition (e.g. post-	associated with the treatment of acute pain. The presence of one or more of these
		codes is a significant indicator for the presence of acute pain.
7	odes Relating to Lumbar	There is a commonly accepted list of known ICD-9-CM procedure codes
	Spine Care.	associated with lumbar spine care. It is commonly accepted that pain is often
		concomitantly associated with lumbar spine care. The presence of one or more of
		these codes is an indicator for the potential presence of lumbar spine pain.
∞	8. ICD-9-CM Procedure Codes Relating to Lumbar	There is a commonly accepted list of known ICD-9-CM procedure codes
	Spine Pain.	associated with the treatment of lumbar spine pain. The presence of one or more
		of these codes is a significant indicator for the presence of lumbar spine pain.
9.	ICD-9-CM Procedure Codes Relating to Lumbar	It is assumed that a pattern of specific treatment occurring continuously over the
	Spine Pain Establishing a Pattern of Chronicity	course of $\geq 91$ days tends to indicate a pattern of chronicity.
	(time and homogeneity).	

A STATE OF THE STA	Remarks
Direct Medical Indicia	Cro (Tab)
10. CPT Codes Identifying Lumbar Spine Care-	There is a commonly accepted list of known physician service (Cr. 1) codes
related Procedures.	associated with lumbar spine care. It is commonly accepted that pain is offer
	concomitantly associated with lumbar spine care. The presence of one of more of
	these codes is an indicator for the potential presence of lumbar spine pain.
11. CPT Codes Identifying Lumbar Spine Pain-	There is a commonly accepted list of known physician service (CP1) codes
related Procedures.	associated with the treatment of lumbar spine pain. The presence of one or more
	of these codes is a significant indicator for the presence of fullibrar spine pain.
12. CPT Codes Identifying Lumbar Spine Pain-	It is assumed that a pattern of specific treatment occurring continuously over the
related Procedures Establishing a Pattern of	course of $\geq 91$ days tends to indicate a pattern of chronicity.
Chronicity.	
13. Drug Prescription Codes for opioid, non-	There is a commonly accepted list of nationally recognized drug codes associated
steriodal or muscle relaxant indicating dosage,	with the treatment of lumbar spine pain. The presence of one or more of these
frequency, length of time, combinations	codes is an indicator for the presence of lumbar spine pain. The predictive power
consistent with spine pain treatment.	of prescription drug codes significantly increases as such drug codes are found in
J J	combination with one another.
14. Drug Prescription Codes for opioid, non-	A patient's drug treatment regiment is significantly related to their propensity to
steriodal or muscle relaxant indicating dosage,	later develop a chronic pain condition.
frequency, length of time, combinations	
identifying patient as being at risk of developing	
a chronic lumbar pain condition.	
15. Drug Prescription Codes for opioid, non-	It is assumed that a pattern of specific treatment occurring continuously over the
steriodal or muscle relaxant indicating dosage,	course of \( \geq \)1 days tends to indicate a pattern of chronicity.
frequency, length of time, combinations	
consistent with chronic spine pain treatment.	V
16. Emergency Room Visits (with ICD-9-CM, CPT	A patient's frequent use of emergency room services is an indicator of an
or Drug Codes, or test results) Indicating a	uncontrolled or "spiking" medical condition. It is common for lumbar spine
Lumbar Spine Condition	patients who are experiencing associated severe pain, to make use of emergency
	room services, particularly those associated with pain control. This is a
	significant indicator of the presence of uncontrolled pain.
	7, 7, 1

FIG. 5b

Direct Medical Indicia	Remarks
17. Emergency Room Visits (with ICD-9-CM, CPT	A patient's frequent use of emergency room services is an indicator of an
or Drug Codes, or test results) Indicating a	uncontrolled or "spiking" medical condition. It is common for lumbar spine
Lumbar Spine Pain Condition	patients who are experiencing associated severe pain, to make use of emergency
	room services, particularly those associated with pain control. This is a significant indicator of the presence of uncontrolled pain.
10 Emanage Dage Visite (with 100 of Con-	_
or Drig Codes. or test results) Establishing the	to it is assumed that a patient of specific meanifeli occurring commods y over the course of >91 days tends to indicate a pattern of chronicity.
Chronicity of a Lumbar Spine Pain Condition	
(time and pattern or homogeneity)	
19. Hospitalizations Visits (with ICD-9-CM, CPT or	"Days in hospital" is an indicator of a patient's uncontrolled or "spiking" medical
Drug Codes, or test results) Indicating a Lumbar	condition, and can relate to severity level of that patient's medical condition.
Spine Condition	Lumbar spine patients who are experiencing associated severe pain, are
	sometimes hospitalized for that condition. This is a significant indicator of the
	presence of uncontrolled pain.
20. Hospitalizations Visits (with ICD-9-CM, CPT or	"Days in hospital" is an indicator of a patient's uncontrolled or "spiking" medical
Drug Codes, or test results) Indicating a Lumbar	condition, and can relate to severity level of that patient's medical condition.
Spine Pain Condition	Lumbar spine patients who are experiencing associated severe pain, are
	sometimes hospitalized for that condition. This is a significant indicator of the
	presence of uncontrolled pain.
21. Hospitalizations Visits (with ICD-9-CM, CPT or	It is assumed that a pattern of specific treatment occurring continuously over the
Drug Codes, or test results) Establishing the	course of >91 days tends to indicate a pattern of chronicity.
Chronicity of Lumbar Spine Pain Condition	
(time and pattern or homogeneity)	
22. Physician Office Visits (with ICD-9-CM, CPT	Frequency of "physician office visits" is an indicator of a patient's uncontrolled
or Drug Codes, or test results) Indicating a	or "spiking" medical condition, and can relate to severity level of that patient's
Lumbar Spine Condition	medical condition. Lumbar spine patients who are experiencing associated severe
	pain often seek in-office physician care for that condition. This is a significant
	indicator of the presence of uncontrolled pain.

FIG. 50

Direct Medical Indicia	Remarks
23. Physician Office Visits (with ICD-9-CM, CPT	23. Physician Office Visits (with ICD-9-CM, CPT Frequency of "physician office visits" is an indicator of a patient's uncontrolled
or Drug Codes, or lest results) marcaining a Limbar Spine Pain Condition.	medical condition. Lumbar spine patients who are experiencing associated severe
	pain often seek in-office physician care for that condition. This is a significant
	indicator of the presence of uncontrolled pain.
24. Physician Office Visits (with ICD-9-CM, CPT	24. Physician Office Visits (with ICD-9-CM, CPT   Frequency of "physician office visits" is an indicator of a patient's uncontrolled
or Drug Codes, or test results) Establishing the	results) Establishing the or "spiking" medical condition. Lumbar spine patients who are experiencing
r Spine Pain Condition	associated severe pain often seek in-office physician care for that condition. This
(time and pattern or homogeneity of complaint).	is a significant indicator of the presence of uncontrolled pain.
25. Rehabilitation or Palliative Care ICD-9-CM	25. Rehabilitation or Palliative Care ICD-9-CM Pain patients often receive rehabilitation or palliative care services as a part of
Procedure Codes.	their proscribed treatment regimen.
Iltation (with documentation	Frequency of "telephone consultations" with a care provider is an indicator of a
relating to lumbar spine pain condition)	patient's uncontrolled or "spiking" medical condition. Lumbar spine patients who
	are experiencing associated severe pain often contact their care for that condition.
	This is an indicator of the presence of uncontrolled pain.
27. Coded Trauma (related test result, procedure,	Trauma is a precipitating factor for certain pain indications.
etc.).	

FIG. 5d

Direct Medical Indicia	Maximum	
Duna Danata	Decemmended Daily	Chronic Dain Indicators
Drug rroduct	Recommended Dany Dose (Adult)	Chrome rain marcators
Over The Counter Non-Narcotic Analgesic Agents		
Acetaminophen (Tylenol)	12 tabs	12 tabs
		≥91 days
Aspirin 325mg	18 tabs	18 tabs
		≥91 days
bIbuprofen 200mg (Motrin)	16 tabs	16 tabs
	,	≥91 days
Salicylate:Agents门。是是一个工作的。	<b>開奏的編集。</b>	
Salsalate 500mg (Disalcid)	6 tabs	6 tabs
		≥91 days
Diffunisal 500mg (Dolobid)	3 tabs	3 tabs
		≥91 days
Opioid and Related Analgesic Agents	<b>。                                    </b>	
APAP/Propoxyphene Napsylate 100	6 tabs	6 tabs
(Darvocet-N 100)	-	≥91 days
APAP/Oxycodone 5/325 (Percocet)	12 tabs	12 tabs
		≥91 days
ASA/Oxycodone 5/325 (Percodan)	18 tabs	18 tabs
		≥91 days
APAP/Oxycodone 5/500 (Tylox)	8 tabs	8 tabs
		≥91 days
APAP/Hydrocodone 5/500 (Vicodin)	8 tabs	8 tabs
		≥91 days
APAP/Hydrocodone 10/650 (Lorcet)	6 tabs	6 tabs
	-	≥91 days
APAP/Hydrocodone 2.5/500 (Lortab)	8 tabs	8 tabs
		≥91 days

FIG. 6a

Direct Medical Indicia	Maximum	Chronic Pain
Drug Product	Recommended Daily	Indicators
	Dose (Aduit)n	
APAP/Codeine 30/300 (Tylenol-3)	12 tabs	12 tabs
	-	≥91 days
Non-Steroida (Anti-inflammatory Drugs (NSAIDs)	语	<b>新取。因為「國際」等的等級</b>
Celecoxib (Celebrex)	4 caps	4 caps
		≥91 days
Diclofenac 100mg ER (Voltaren XR)	2 tabs	2 tabs
		≥91 days
Etodolac Extended Release 400mg (Lodine XL)	3 tabs	3 tabs
		≥91 days
Naproxen Controlled Release 500mg (Naprelan)	2 tabs	2 tabs
		≥91 days
Nabumeton 500mg (Relafen)	4 tabs	4 tabs
		≥91 days
Wuscle Relaxanish 100 mm 100 mm		
Carisoprodol (Soma)	4 tabs	4 tabs
		≥91 days
Chlorzoxazone (Paraflex)	12 tabs	12 tabs
		≥91 days
Cylobenzaprine (Flexeril)	6 tabs	6 tabs
		≥91 days
Diazepam 5mg (Valium)	8 tabs	8 tabs
		≥91 days
Metaxalone (Skelaxin)	8 tabs	8 tabs
		≥91 days
Methocarbamol 500 (Robaxin)	8 tabs	8 tabs
		≥91 days
Orphenadrine Citrate (Norflex)	2 tabs	2 tabs
		≥91 days

FIG. 6b

Indirect Medical Indicia	Measure	Remarks
1. Physician Office Visits	a. Associated ICD-9-CM or CPT code.	Chronic pain patients frequently
a. Documented reason for visit	b. Medical record notation.	visit the physician office, for pain
b. Physician specialty	c. Associated time period, either multiple visits	related reasons as well as for
associated with visit	within an associated period of time; or pattern of	complaints of non-specific origin.
c. Time period establishing	visits showing elapsed period of time (e.g. $\geq 91$	
chronicity	days).	
2. Emergency Room Visits	a. Associated ICD-9-CM or CPT code.	Chronic pain patients frequently
a. Reason for visit	b. Associated time period, either multiple visits	present to the ER for pain related
b. Time period establishing	within an associated period of time; or pattern of	reasons as well as for complaints
chronicity	visits showing elapsed period of time (e.g. >91	non-specific in origin.
	days months).	
3. Drug Therapy	a. Drug code for drugs (e.g. anti-inflammatory, anti-	Prescription and non-prescription
a. Drug prescription	depressant, muscle relaxant, opioid) associated	drug use is a common indicator of
b. Drug combinations	with pain symptom treatment.	chronic pain. Such drugs are
c. Dosing levels	b. Drug codes, when used in combination, tend to	often provided to patients from a
d. Prescription patterns	indicate presence of pain.	variety of sources in an
e. Time period establishing	c. Dosing level consistently high.	uncoordinated manner, or without
chronicity	d. Multiple prescribers.	the development of a patient plan
f. Pattern of substance abuse	e. Associated time period establishing elapsed period	of care.
	of time (>91 days).	
	f. Evidence of drug over use or use of illegal drugs.	
4. Telephone Consults		Chronic pain patients often
a. Documented reason for call	a. Notation in medical record, associated code if	demand more attention from their
b. Frequency of calls	possible.	caregivers than the general
c. Pattern of calls	b. Calls outside the defined range of frequency for a	population, for symptom –
d. Time period establishing	typical patient.	specific as well as for non-
chronicity	c. Clustered calls with a defined time period.	symptom specific reasons.
	e. Associated time period establishing elapsed	
	period of time ( $\geq$ 91 days).	

## FIG. 78

Indirect Medical Indicia	Measure	Remarks
5. Primary Diagnosis	ICD-9-CM diagnostic code associated with pain	Chronic pain can be identified
,	condition or trauma, or with a disease known to	through diagnostic codes two
	have associated pain condition.	ways: the pain can be a condition
		associated with a disease state
		such as diabetes (indirect), or it
		can be the primary reason for the
		pain condition such as low back
		pain (direct).
6. Co-Morbidities	ICD-9-CM diagnostic code associated with	Certain co-morbidities are known
	conditions known to occur with chronic pain.	to be associated with chronic
		pain.
7. Hospitalizations		Certain chronic pain patients are
a. Time period establishing	a. Associated time period either multiple visits within	frequently hospitalized, either to
chronicity	an associated period of time, or pattern of visits	treat spikes in pain, or to receive
b. Admitting diagnosis	showing elapsed period of time (e.g. >91 days).	back-related procedures.
c. Procedures performed	b. Associated ICD-9-CM diagnostic code.	
-	c. Pattern of ICD-9-CM and CPT procedure codes.	
8. Evidence of trauma	a. Test results such as x-ray, contained in medical	Numerous chronic pain
a. Diagnostic test associated	record.	indications are trauma-related in
with trauma		origin (e.g. CRPS).
9. Evidence of palliative or	a. ICD-9-CM procedure codes associated with	Chronic pain patients receive a
rehabilitation care	palliative or rehabilitation care.	variety of physical therapy,
a. Documented procedure	b. Evidence of care seeking behavior relating to	chiropractic services, acupuncture
b. Pattern of care	combination of providers.	therapy and other similar types of
c. Time interval establishing	c. Associated time period, either multiple visits	services to treat their condition.
chronicity	within an associated period of time; or pattern of	
	visits showing elapsed period of time (e.g. >91	
	days).	

FIG. 7b

Non-Medical Indicia	Kemarks
1. Patient Self-Assessment - Pain Significantly Interferes	Patient self-assessment is one important and relevant perspective
with Life Activities	to measure the patient's perceptions relative to the impact the pain
	is having upon the quality of their life. This data is critical in
	stratifying patients; for example, a high score could trigger "a high
	need for treatment immediacy" category.
2. Patient Self-Assessment - High Pain Intensity Rating	This data is critical in stratifying patients; for example, a high
	score could trigger "a high need for treatment immediacy"
	category.
3. Patient Self-Assessment - Intense and Multiple Pain	This data is critical in stratifying patients; for example, a high
Descriptors	score could trigger" a high need for treatment immediacy"
	category.
4. Patient Self-Assessment - High Impact of Pain on Mood	This data point is also a quality of life indicator, measuring
	patient's perception of how pain alters personality.
5. Patient Self-Assessment - Low Family Support	Family support is a key indicator of treatment success. It also has
	an impact on the type of treatment that a provider will proscribe
	(For example, certain treatments are enhanced through the
	encouragement of family.)
6. Patient Self-Assessment - High Impact of Pain on Ability	This is a data point that will be of particular interest to the payer
to Work	and employer. It also can be relevant in determining the type and
	intensity of treatment.
7. Patient Self-Assessment - High Impact of Pain on Health Status	This data point is an important quality of life indicator.
8. Patient Self-Assessment - Downward Health Trend	This data point is an important quality of life indicator.
9. Patient Self Assessment - Depression	Many chronic pain patients suffer from depression (accounting for
	up to 40% of overall health care costs associated with the
	treatment of low back.) It is a key chronic pain indicator, and will
	be a determining factor in course of treatment.
10. Patient Self-Assessment - Low Life Satisfaction Score	This data point is an important quality of life indicator.
11. Patient Self-Assessment, or Family Assessment - Poor	Community support is a key indicator of treatment success.
Community Support Structure	
12. Patient Self-Assessment - Low Job Satisfaction Score	This data point is an important quality of life indicator.

## FIG. 8a

Non-Medical Indicia	Remarks
13. Patient Self-Assessment, or Family Assessment - Lack of Daytime Distractions	This data point is a predictor of treatment success.
14. Patient is a Smoker	Smoking complicates the delivery of health care services, has a direct relationship to health outcomes, and is a significant driver of health care costs.
<ul><li>15. Other Behavior Characteristics</li><li>Current</li><li>Past*</li></ul>	This is relevant to predict treatment success, to determine course of treatment, and as a stratification indicator.
16. Patient Matches Personality/Psychological Risk Profile	Personality characteristics are strong indicators of treatment success, and also provide guidance in determining choice of treatment.
17. Pending Litigation Relating to Injury	The existence of a pending lawsuit has a measurable relationship to treatment outcome, particularly as it relates to length of treatment.
18. Patient is Overweight by more than 25% of Normal Weight	Weight relates to treatment choice, treatment outcome and to health care complications (which relate to overall health care treatment costs.)
19. Patient's Job is in a High Work Risk Category	Patients in certain high-risk work categories, such as trucking and heavy industry, have a much higher incidence of low back injuries and other chronic pain indications.
20. Patient Involved in Recent or Pending Divorce	A patient's marital status relates to state of being, which is related to how well a patient will respond to treatment. It also relates to stress, which increases a patient's overall risk for an adverse health event.
21. Other Demographic Indicators:  * Age	Certain demographic factors, such as those listed, have a direct relationship to treatment choice, treatment outcome and health care complications (which relate to overall health care treatment costs.)
22. Open Workers' Compensation Claim	The existence an open workers' compensation claim is a significant predictor of treatment outcome, particularly as it relates to length of treatment. It is also a variable an employer is interested in tracking.
23. Patient has Hired an Attorney for Representation on a Work-related Injury	The existence of an attorney has a measurable relationship to treatment success.

## FIG. 8b

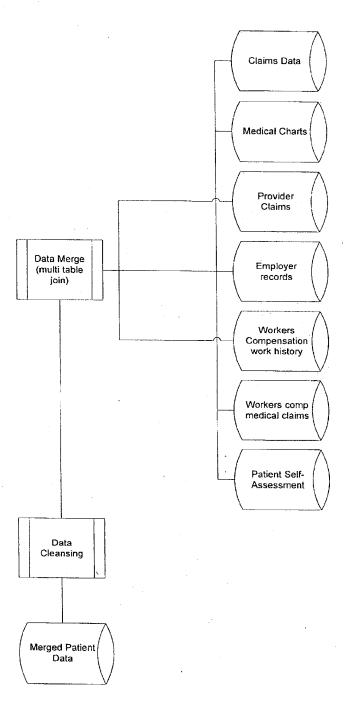


FIG. 9

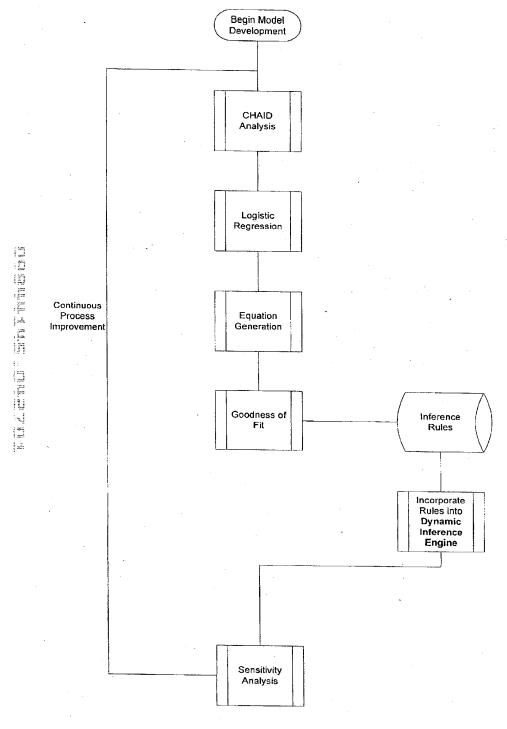


FIG. 10

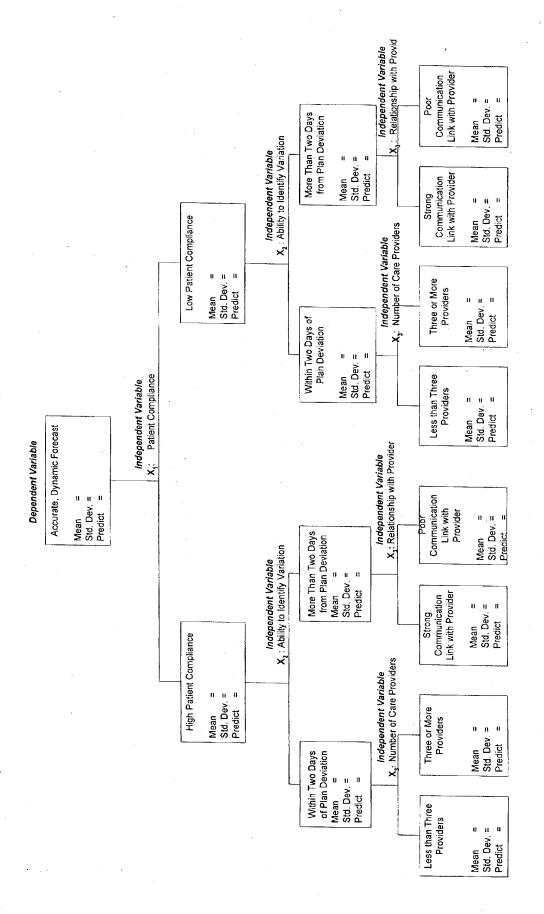


FIG. 11

Logistics Output	Variable		
Independent Variable	Parameter	Odds Ratio	P-Value
Constant	(+)	-	
Number of Back Surgeries (X <sub>1</sub> )	(+)	3.1	P<0.05
Mental Health ( $\geq 40 \text{ years}$ ) ( $X_2$ )	(+)	2.1	P<0.05
Job Type (X3)	(+)	1.9	P<0.05
(X <sub>4</sub> )			
$(X_5)$			

## FIG. 1

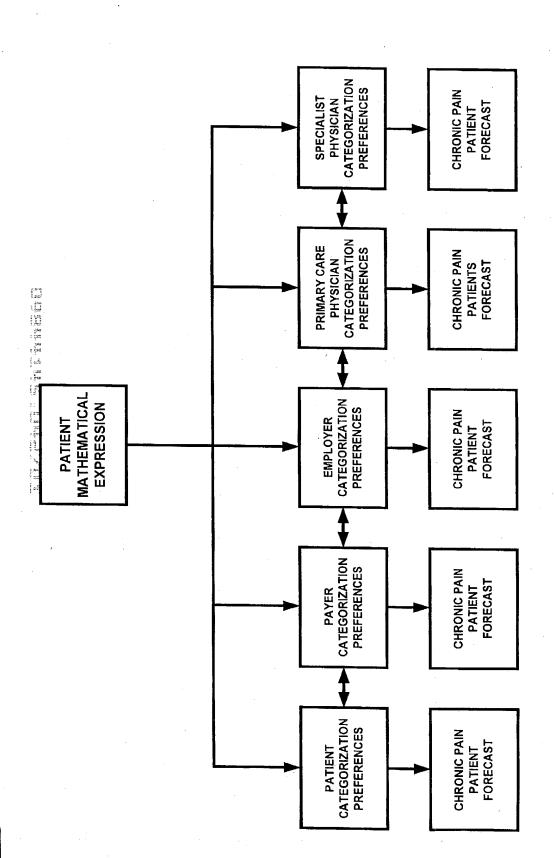


FIG. 13

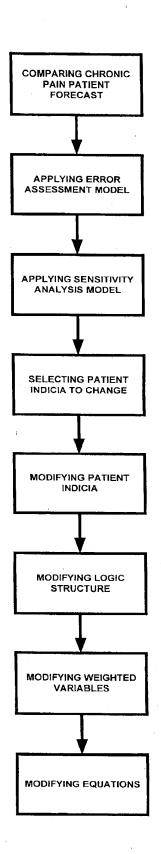


FIG. 14

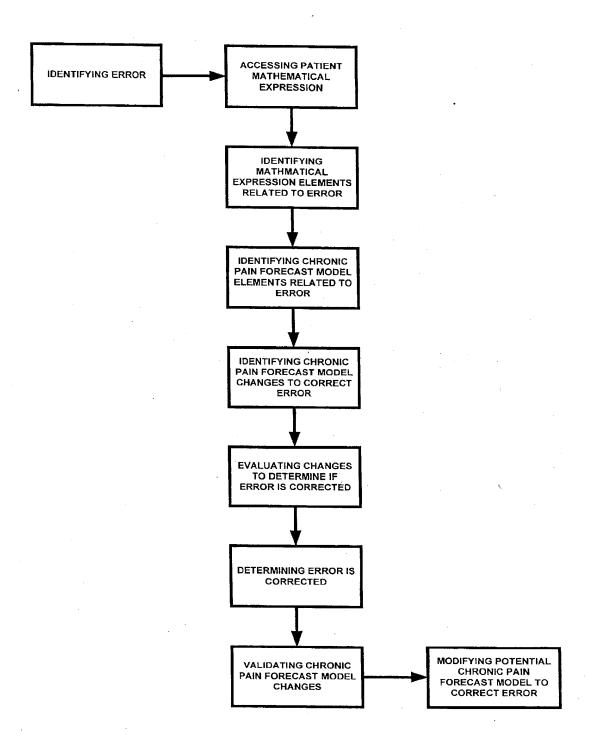


FIG. 15